

Live Well Lifestyle Webinar Recap & Recording

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Topic: Our Perfectly Orchestrated Universe

Intention for today: To be **open to everything and attached to nothing**, so we may be free spirits of peace, understanding we are all connected by the energy we emit.

I always wondered as a child how God could hear and answer everyone's prayers at once. Now I understand that God made the Universe like a giant computer organizing all matter of thoughts and requests, prayers, by the energy we are giving off, be it angry energy, happy joyous energy, sad and helpless energy, appreciative and grateful energy. Much like he made our bodies to function in its many reactive ways via nerve to nerve communications. We don't even have to consciously breathe ourselves. Yet the heart keeps beating and our lungs keep breathing.

This network of energy communicates to other like energy and a world of spiritual beings are there to help carry out the requests we send out. These manifestations, like as not, are beyond our mental capacity to understand and grasp so we call it luck, good fortune, happy-happenstance or the all time favorite, Coincidence! In actuality we are hard wired to respond in kind to what we put forth. Period.

Many people are approaching life from the flawed premise that if they work hard and struggle long and pay a big enough price, they will then be rewarded with financial well-being. And since they do not realize that in their struggle they are denying themselves alignment with the abundance they seek, when the abundance does not come, they attribute it to luck or favoritism that is being directed away from them and toward another.

But there is no luck or favoritism. There is only allowing or resisting, letting in or keeping out the abundance that you deserve as a Child of God.

Law of Attraction is Universal and every person is affected by it. **And it is always true that what I think and what I feel and what I get are always a match**, and there is not a person on the planet that would not benefit by knowing it. But many, many, many are not yet asking and therefore are not yet ready for the answer. And so, we would say that although everyone wants this information – everyone is not necessarily ready for it. We would not spend time trying to convince anybody of anything because if they're not asking you, your answers are just irritating.

Not only does the thought you are choosing right now attract the next thought and the next...and so on – it also provides the basis of your alignment with your *Inner Being*, that spark of God connection with in you, intuition, Holy Spirit, higher consciousness whatever you choose to call it. It is all God. As you consistently and deliberately think and speak **more of what you do want and less of what you do not want**, you will find yourself more often in alignment with the pure, positive essence of your own Source-God: and under those conditions, your life will be extremely pleasing to you.

You cannot notice *what-is* and complain about it, and be a vibrational match to the solution. When you were living the problem, you were asking for the solution, and The Universe

said yes immediately. So, there's never a reason for you to be wallowing around in a problem for more than about a second? You can get so good at this that before you're even aware that the problem has gotten started, you've already got the solution under way. So when you are in a problem ask for 'something better', "I don't know the solution Lord, but bring me something better and I thank you in advance."

The Universe is abundant with everything that you want. It's not testing you. It's benevolently providing for you. But you are the orchestrator. You are the definer, and do it through your joyous anticipation. If there is an emotion that you are wanting to foster, that would serve you very well, it is **positive expectation**. It is excited anticipation.

That reminds me of a Cajun story. **"Great Expectations! Cajun Style"**

I gotta good friend down in Rayne, Louisiana what got a little bitty boy chil'ren most near ten year old. One day he say to his son, "Son, you most nearly ten year old. It's about time you learn to hunt dem duck. Would you like to did dat, huh?"

Dat little boy look straight up to his Papa an sez, "Yeah Papa."

Den his Papa sez, "Well me, I'm gonna get the very best duck hunt to taught you how to did dat and dat's me. And after we hunts dem duck you needs to learn how to shot dem duck. Me, I'm gonna get da very best duck shot to taught you how to did dat too, and dat's me. Would you like to learn how to did that son, huh?"

Dat little bitty boy child looks up to his Papa once more and sez, "Oh yeah, Papa."

Wells, dey get up at four-thirdy a.m. on the morning and puts demselves in dat pirogue boat and poles demselves out on dat bayou to dat duck blind. His Papa sez, "Son, me I gonna put you here in dis corner with you twice barrel shot gun. (Dat's a two hole gun dat shoots one time from each hole.) And me, I'm gonna get over here with my aromatic shoot gun." (Dat's a once hole gun what shoots hand-running five times from the same hole, if the Game Warden ain't dere and three time if he is.)

In a little while a greats big flock with two duck in it flies over and dat Cajun gets on his duck call and Q-q-quack, quack, quack, quack, quack and broughts dem duck down close you knows. He raise up with his aromatic shoot gun and blam, blam, blam, blam, blam.... de Game Warden ain't dere. And dem two duck gets up and fly off.

Well, my friend, turns to his son and sez, "Son, me I'm so glad you brought youself here today with me I gar-ron-tee. Little bitty boy like you not quite ten year old and already get to see a miracle. Mais, some peoples live to be a hundred year old and don't never gets to see a miracle and here you are not quite ten year old and already get to see a miracle today. I'm so proud for you son."

Dat little boy looks up to his Papa once more time and sez, "What miracle dat is, huh, Papa?"

His Papa exclaimed, "Well, da miracle of dem two dead ducks get up and fly off like dat, I gar-ron-tee!"



Expect miracles every day. Look for them and they will appear. Some may be small like a front row parking place. Remember, there are no degrees of difficulty in miracles.

No one experiences freedom until they stop pushing against others. The only thing that binds you is the pushing against that which is unwanted. And so, if a religion could just be excited about what it is, or a person within a religion could just speak with appreciation about what it is, without justifying what it is by pushing against everything else, then each religion, in all of its difference, could be just exactly what you are reaching for.

The Universe is not discriminating about the rightness or the wrongness of your request. It is here to accommodate all requests, all you have to do is be a Vibrational Match to your request, and the Universe will yield it to you. Angels, spiritual and earth angels, are our partners in creation. Find something to feel good about and get out of the way, and allow the cells to receive what they've been asking for. That is the key to healing.

We are all Vibrational Beings. You're like a receiving mechanism that when you set your tuner to the station, you're going to hear what is playing. Whatever you are focused upon is the way to set your tuner, and when you focus on that for as little as 17 seconds, you activate that vibration within you. Once you activate a vibration within you, **Law of Attraction** begins to responding to that vibration, and you're off and running- whether it's something wanted or unwanted. So be careful what you think. There is nothing that you want to know that you do not have the capacity to understand fully. And there is nothing that you want to know that the Universe does not already know that you want to know, and has already begun the process of answering. And so, go forth in excited anticipation that the new ideas will continue to bubble forth, and that the Universal Forces will continue to come forth in loving benevolent, eternal answering to that which you are about.

We want you to understand that abundance expands proportionately to match desire, and that there is great untapped abundance not yet allowed by the very humans who have created it. When your life experience causes a focused desire within you, the means to fulfill that desire is created at the same time—but you have to be on the Vibrational wave length with your desire in order to see the path to the fulfillment of it.

A belief in shortage or lack will prevent your discovery of the path to your own creation, and any feeling of resistance indicates that you are on the wrong Vibrational path. However, in your understanding of the never-ending abundance of this Universe, you will feel personal delight whenever you observe anyone's alignment with it, for their achievement can in no way diminish yours, but can only enhance it.

As you focus upon your breathing and the music and words of your mediation recording, you will deactivate your usual resistance to abundance, and you will discover the satisfying feeling of positive expectation and success. And then, the manifestation of the success must come to you. It is the Law! There are many situations, attitudes, lifestyles—even food choices—that you do not want to participate with. Through the living of your life, you have identified many wanted and unwanted aspects, and it is important to remember that none of those unwanted things can jump into your experience, because there is no assertion in your attraction-based Universe.

The choices that others make cannot negatively impact your experience unless you include them in your experience through your attention to them. Things come to you only through your Vibrational invitation—and they remain only by your continuing attention to them.

If you are to become a cooperative component to your own Vortex and to all of the wonderful things that have been gathered there, you must be a Vibrational Match to your Vortex. In other words, you too must have a high frequency and you too must be without resistance. Each day as you release resistant thoughts—through the power of our guided meditation—your Vibrational frequency will rise and new Vibrational patterns will develop until in a short period of time, your natural Vibrational

inclination will be to be inside your Vortex. And then, you will be living life as you intended to live it, accessing the Energy that creates worlds and flowing it towards your personal reality.

We encourage you to make peace with everyone who opposes you with everyone whom you oppose, not only because you cannot insist on their yielding to your perspective but because their opposing perspective is of tremendous benefit to you.

You see, because of your exposure to what you perceive as their wrong or bad or unwanted behavior or perspective—you have given birth to an improve situation. And just as they helped the problem side of the equation to come into focus, they helped the solution side of the equation to come into focus, also; and that solution waits for you in your Vortex of Creation.

Through our daily meditation process, you will come into alignment with those solutions and creations that are in your Vortex, and from inside you will feel appreciation for everyone who contributed to its becoming.

When you make peace with those who differ in desire and belief and behavior from your ideas of what is appropriate, you do not perpetuate what you consider to be wrong. Instead, you align with the solution side of the equation that has been waiting for you in your Vortex of Creation.

From your human perspective, you often believe that you must work hard to overcome obstacles and satisfy shortages and solve the problems that are before you; but often, in that attitude or approach, you work against yourself without realizing it. Attention to obstacles makes them bigger and more stubborn; attention to shortages makes them bigger and prolongs them—and attention to a problem prevents any immediate resolution or solution. When you listen to our guided meditation recording, giving your attention to your breathing and to the natural rhythm of your body, any problematic Vibrational activation will simply cease to be. And, in the absence of that resistance, your Vibration will naturally begin to rise until it will align with the higher Vibration of the very solutions you have been longing for.

In the absence of longing, in the absence of doubt—in the absence of obstacles and shortages and problems—will be the solutions and abundance you seek. And the evidence of your Vibrational shift will become obvious in two ways: first you will feel better and next, physical evidence of financial improvement will begin flowing to you from a variety of different directions.

When you are in vibrational harmony, your body produces whatever it needs to remain in perfect balance.

Find something to feel good about and get out of the way, and allow the cells to receive what they've been asking for. That is the key to healing.

What makes people decline is that they start forking in the direction that doesn't allow them to be receivers of this never-ending Stream of Well-Being. You don't have to decline. "Happy, healthy, happy, healthy, happy, healthy, happy, healthy, dead!" That's Esther's plan. —www.Abraham-Hicks.com

The Bible never says that God created a world that was perfect. Actually, the Bible only says that God's creation was "very good". "Very good" is a far cry from our understanding of "perfect." We have free will, choices and consequences. The correct choices can lead us out of the darkness and into the light.

In summary, put your problems in a shoe box on a high shelf in your closet and give them to God. He can untangle our messes.

Closing Thought: May we understand how the Universe is designed to work for our highest good and that we have an important role in allowing all good to come to us. Make us willing participants in creation, giving all glory to God. Go with us each day and help us to remember these solutions are just a thought away. Give us patience to see the bigger plan unfold. In our gratitude and abundance may we be generous givers to those less fortunate and provide tools to teach mankind to fish.

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