



Calcium Bentonite Clay Tips & Testimonials from Perry A~

It's Perry A~ and I am back. Though we sold the Living Clay business in 2015, I have not retired from educating people to the plethora of uses of Calcium Bentonite Clay and answering their questions (512-773-0335 perrya@perrya.com) in an effort to understand this complicated natural substance. As I promised I will maintain the free clay information website www.BentoniteClayInfo.com. Since retiring from the webinars due to ongoing increasing expenses, I am picking up the slack by sending tips, articles, suggested protocols and new testimonials to share the magic of Bentonite Clay.

For a definitive guide to understanding and using clay I recommend my newest book *Calcium Bentonite Clay Nature's pathway to Healing – Balance, Detox, Stimulate, Alkalize*. You can order from www.TheClayBook.com or [Amazon](http://Amazon.com).

Today's Tips & Testimonials is about Acne Scarring and Skin Care

For the past 24 years, I've had acne along with scarring...it is so embarrassing and humiliating to be in your 40's and still break out. And when I say I've tried everything, for the control of the acne as well as for scar removal, I have tried most of the truly legitimate products that have come on the market and NOTHING has given me the results that this clay has!

I have used everything from Retin-A to professional Dermabrasion and everything in between, and just cannot bring myself to doing a chemical peel or laser surgery.

I take the clay by liquid once daily and I use a clay face & body scrub to wash my face, then I apply a thin layer of it and use a clay wrinkle release cream on top of that and once a week I use the clay mask as a facial.

My skin looks better than it has in years and though I still break out occasionally, it is not near with the severity as before and the scarring is beginning to minimize gently and I guess the best part is my skin is not blotchy or ruddy, I don't even wear make-up anymore because I have a natural glow!

I also have to say that I think it is the combination of taking the clay internally as well as using it externally the way I do that has brought such wonderful results.

To know that I am using a product that is so good for me and beneficial is an awesome feeling! Lori H.

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