

What is Living Clay?

A clay that can change, grow and reconfigure itself. One that acts as a catalyst with the body to speed cellular revitalization and healing. This rare combination of negative-charged trace minerals enhances the production of enzymes providing micronutrients beneficial to living plants and animals. Through its qualities of absorption/adsorption, a trait unique only to the Smectite family of clays, this clay long ago proved itself to be a superior detox agent, exceptional in its ability to draw and bind with harmful toxins.

The negative ionic electromagnetic charge of its crystalline composition allows Living Clay to interact intelligently within its environment. In other words, it brings balance, stimulation, revitalization and circulation to the body.

Green Smectite clays that expand and swell have superior absorption properties and are clearly the best choice for internal use. Furthermore, these specific properties, when found in a Calcium Bentonite, make it the premier choice for use with the human digestive system.

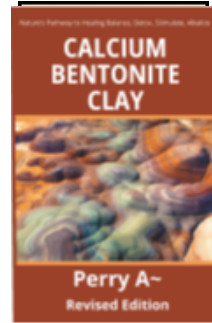


AboutClay.com hosts an active email forum on Yahoo Groups. With over 1,000 members, you're sure to find answers to your questions and gain new ideas for using Clay. You are invited to Join Us today!

<http://health.groups.yahoo.com/group/aboutclay/join>

Recommended Reading

AboutClay.com recommends the following books for more information on using clay:



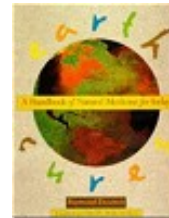
CalciumBentoniteClayRevised.com

The Clay Cure
by Ran Knishinsky



The Healing Clay
by Michel Abeshera

Earth Cures
by Raymond Dextreit



In addition to our Yahoo email group, you can also find us on:



Facebook



Twitter

www.AboutClay.com

Bentonite ClayInfo. com

A website dedicated to educating the public about the many benefits of using
Calcium Bentonite Clay

From preventing the proliferation of pathogenic germs and parasites to aiding with the rebuilding of healthy tissues and cells - Clay is a 'living' cure.

www.AboutClay.com
Info@AboutClay.com

External Uses of Calcium Bentonite Clay



Calcium Bentonite Clay is used by some of the most exclusive Spas & Resorts in the world. There is no finer or more effective Clay for facial treatments, full body wraps and clay baths. In addition, hydrated Clay is used topically to ameliorate, treat or remove:

- Toxic accumulations of heavy metals stored in body tissues
- Poison Ivy, Poison Oak and Shingles
- Acne, Eczema, Psoriasis and skin rashes
- Cradle cap and diaper rash
- Insect bites – wasps, spiders, scorpions, bees, fire ants
- Cuts, bruises and abrasions
- Severe bleeding – can be stopped with dry clay powder
- Warts
- Toenail fungus
- Jammed or aching joints
- Sprains and strained muscles
- Infected or gangrenous wounds or sores
- Radiation exposure
- Burns and chemical burns

Full body application with 10-15 minutes in an Infrared Sauna, followed by a clay bath, will detox heavy metals from the soft tissues of the body. Clay baths will also relieve sore stressed muscles in minutes.

Internal Uses of Calcium Bentonite Clay

Using a clean, natural, pure, contaminant-free Calcium Bentonite Clay internally can be advantageous for general health. Suggested internal daily dosage is 2-4 ounces of a premixed liquid solution. Some internal uses of Calcium Bentonite Clay are:

- Detoxify and cleanse the digestive system, liver and colon
- Treat bacterial food poisoning
- Removal of organic and non-organic toxicity
- Removal of heavy metals and recovery from chemical therapies and radiation
- Elimination of internal parasites (digestive tracts)
- Improve immune system function
- Increase absorption of vitamins and nutrients
- Neutralize stomach ailments from ulcers and Acid Reflux
- Alkalinizing agent in the body - balance pH
- Fixes free oxygen in the blood stream
- Increases T-cell count
- Reduction of free radical damage
- Stimulation of latent cell energy
- Increase in overall energy level and sense of well-being

Note: The AboutClay.com website and this brochure are intended for use as informational guides. The information herein is meant to supplement and not to be a substitute for professional medical care or treatment. This information should not be used to treat a serious ailment without prior consultation with a qualified health-care professional.

How to Identify Safe Clay for Internal Use

KNOW YOUR CLAY! All clays are different and the configuration of a clay's trace minerals is used to distinguish its type. Most clays are used for industrial applications and therefore are not of a pure quality. The bottom line is this: when searching for a good, safe clay for internal use, it's best to look for the following:

- A natural Calcium Bentonite Clay, pure and free of contaminants
- A clay with an 8.5 or higher pH
- An analysis of the clay minerals available from the manufacturer
- Microbial laboratory test results
- A tasteless/odorless clay
- A Smectite/Montmorillonite Clay
- An all-natural vs. processed clay
- A clay that both adsorbs and absorbs
- Professional packaging (no Ziploc bags or hand-written labels) with labels showing directions and ingredients
- A clay that is non-gritty, milled at least to a 325 screen mesh
- A clay from a vein or deposit protected from the elements
- A clay that does not stain material
- A reliable company that provides contact information, is available to answer questions, and has been in business for several years

Green swelling clays have long been known for their superior healing qualities.

